



CT challenge

EMPOWERING CANCER SURVIVORS



TOGETHER WE RISE

2015 ANNUAL REPORT

MISSION

CT Challenge is a nonprofit organization dedicated to helping the 14.5 million cancer survivors in Connecticut and throughout the U.S. reclaim, rebuild and prolong their lives through game-changing programs of exercise, nutrition, mind-body health and community-building support.

PROGRAM IMPACT

44
PROGRAMS

23,976
PARTICIPANTS

CTC SOCIAL

3K
f

396
i

1K
t

45K
v

CENTER FOR SURVIVORSHIP

31
PROGRAMS

876
PARTICIPANTS

CTCHALLENGE.ORG

83,811
PAGE VIEWS

21,205
UNIQUE VISITORS

50
STATES

55
COUNTRIES

\$2.4 MILLION

TOTAL RAISED IN 2015

On the cover: NFL star Troy Polamalu training High School Junior and cancer survivor Giacomo Brancato during a visit to the Center for Survivorship in May 2015

Above: Young adult cancer survivor at a CT Challenge-funded experiential retreat in Wyoming



250 Pequot Avenue • Southport, CT 06890 • 203-292-8722 • www.ctchallenge.org

LETTER FROM THE PRESIDENT



When high school junior Giacomo Brancato walked into the CT Challenge Center for Survivorship in January 2015 with his basketball coach just weeks after his diagnosis and only days before his first round of chemo, something rather gigantic shifted. Hope aligned with guts, determination and talent, and met the inspiration and practical tools needed to get past this devil. Giacomo trained at the Center while he fought the torturous effects of the treatment needed to save his life. His mom attended nutrition classes to learn how to feed his fight. In December, eight months past his last treatment, Giacomo continued to work out at the Center, augmenting his daily practices for the Varsity high school sports he plays. He's strong. He's confident. He's back.

A growing number of studies show that regular exercise and a healthy diet are linked to greater life expectancy after cancer, in many cases by decreasing the risk of recurrence while diminishing the effects of cancer and its treatments.

CT Challenge is where the fallen get up, and the knocked down knock back.

With all our programs, we challenge survivors to “think big” in their abilities. Our aim is not just to restore survivors to their previous selves, but to help them emerge even stronger than before. We push hard because that's the way “survive” morphs to “thrive” and anyone who has truly come out the other side of cancer knows it.

That's why we send young adult survivors down river rapids and into the California surf. It's why TRX is the



(left) CT Challenge President Jeff Keith (left) with CT Challenge Board Member Matt Vossler (middle) and Paul Tortora of Fairfield at the 2015 CT Challenge Ride

(right) Giacomo Brancato working out late fall 2015 with CT Challenge Trainer Michael Choothesa

fastest growing class at the Center for Survivorship, our incubator for best practices in wellness programs for cancer survivors. It's why we're sending what we develop into communities and across the country through our website, community yoga and exercise programs, our bi-weekly newsletter and more. It's the reason we are proud to help survivors get through college by supporting a growing number of scholarship programs... and prouder still of the summer camp experience we help put in the lives of pediatric cancer survivors.

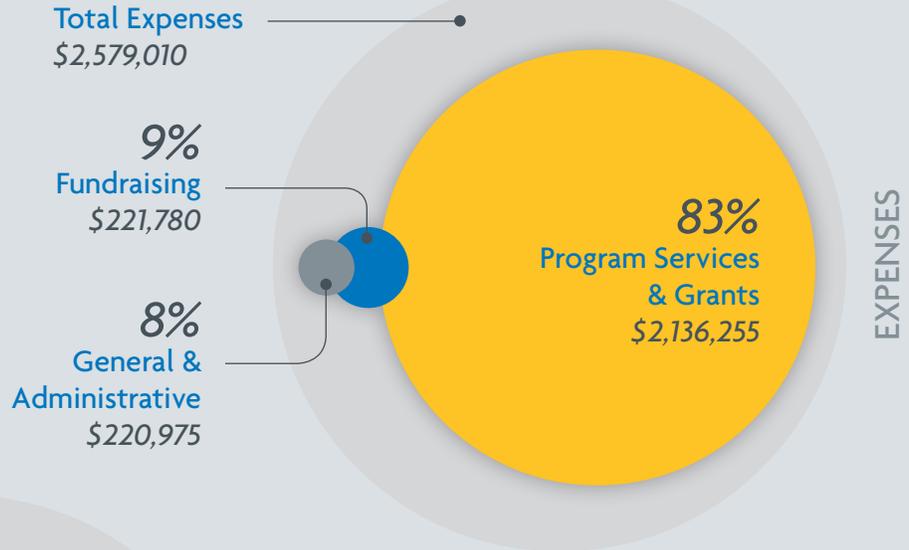
We thank all who continue to give so generously as we keep working to provide a next step for all who battle cancer, filling a hole in our healthcare system for cancer survivors of all ages.

Sincerely,

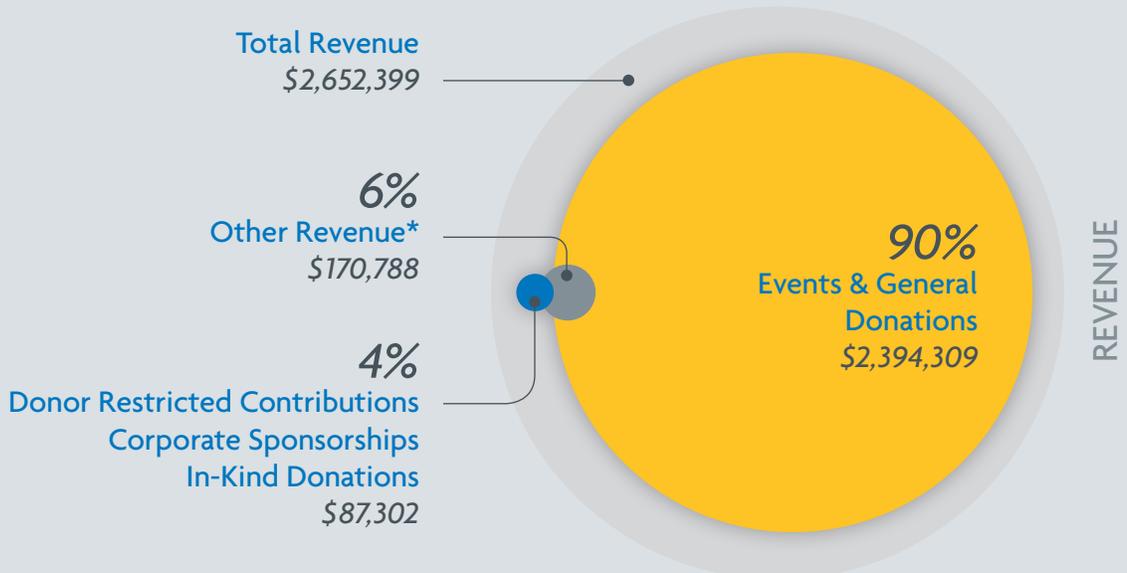
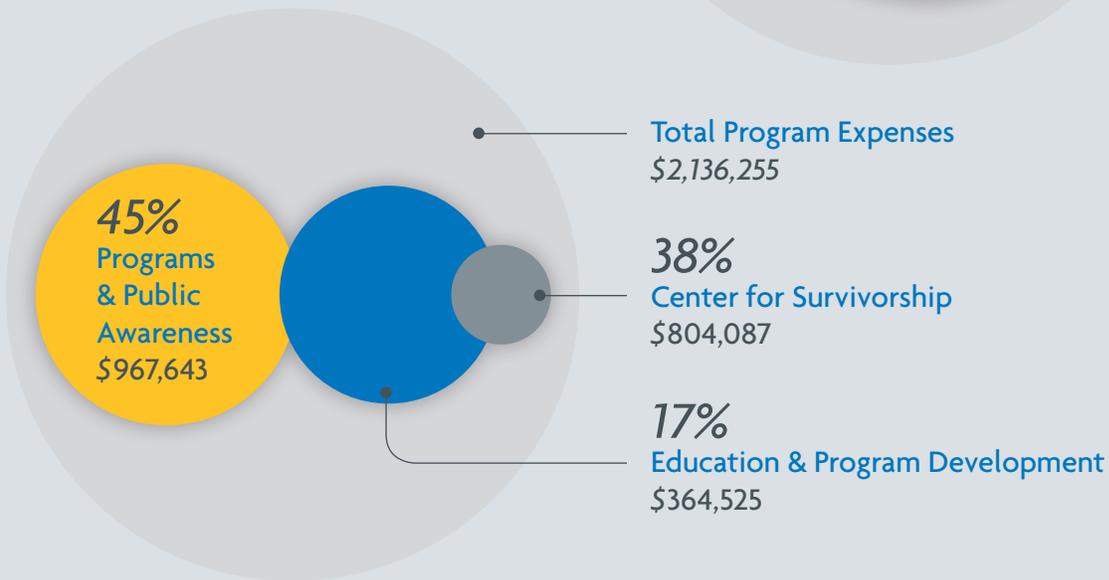
Jeffrey Keith
President & CEO

SELECTED FINANCIAL INFORMATION

83 cents of every dollar spent was allocated to Program Services & Grants



PROGRAM EXPENSE DETAIL



*Membership Fees, Registration Fees, Interest & Dividend Income, Loss on Investments

In keeping with the careful fiscal stewardship that has allowed us to grow CT Challenge programming, we continue to control costs and push toward the greatest efficiencies possible in all areas. As we look to build on this momentum and deliver our programming to an even broader audience of survivors, we remain committed to maintaining our same high percentage of total expenses spent on program services and grants.

For the fiscal year ending December 31, 2015 the CT Challenge recognized \$2,652,399 in revenues to help cancer survivors find the path forward after diagnosis and treatment through healthy lifestyle choices. This could not have been possible without the powerful dedication and committed support of our sponsors, riders, volunteers and other donors who gave so much of themselves to raise these funds.

Because of the hard work of all our friends and family, 83 cents of every dollar spent was allocated to program services and grants.

Statement of Financial Position

As of December 31, 2015

Current Assets	
Cash and Cash Equivalents	\$ 834,980
Contributions Receivable	53,894
Prepaid Expenses	198,985
Other Assets	1,414
Total Current Assets	1,089,273
Investments	163,479
Capital Leases, Net	14,638
Property and Equipment, Net	
Leasehold Improvements	1,346,319
Machinery and Equipment	34,054
Furniture and Fixtures	36,602
Computer Equipment	10,673
Total Property and Equipment, Net	1,427,648
Other Assets	
Intangible Assets, Net	45,613
Security Deposit	1,500
Total Other Assets	47,113
Total Assets	2,742,151
Current Liabilities	
Accounts Payable and Accrued Expenses	\$ 111,415
Grants Payable	149,871
Deferred Revenue	1,910
Line of Credit	5,000
Current Portion of Payable	52,826
Total Current Liabilities	321,022
Long-Term Liabilities	
Note Payable	31,803
Deferred Rent Liability	169,782
Total Long-Term Liabilities	201,585
Unrestricted Net Assets	2,219,544
Total Liabilities and Net Assets	2,742,151

Muskus & Wilemski, LLC performed the 2015 audit for the Connecticut Challenge. Audited financial statements are available on request.



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