

# ct challenge

Hello Everyone!

It's hard to believe a whole year has passed since the incredible CT Challenge Ride and once again, I'm writing to ask for your support.

The programs funded by the CT Challenge Ride were renamed Mission this year to position them as the flagship for survivors everywhere. Their commitment to use these programs to equip all who battle cancer with the exercise, nutrition and mind-body knowledge, tools and community needed to *live. life. vibrantly.* remains unchanged.

The way I see it, it's my job as a survivor to help raise awareness of what it takes to battle cancer (especially after treatment!) and all that Mission does to bring survivors back from the edge. It's also my job to ask for your help in continuing to fund survivorship programs at the Mission Training Center, on [yourmission.org](http://yourmission.org), in communities and through scholarships and grants that help survivors get their lives back after cancer (and even in the midst of cancer!).

As you might know, most survivors are dropped off a cliff after treatment. There just isn't much recognition (yet!) of how much help is still needed. Mission is a groundbreaker. It is rehab and the road back for survivors through unique exercise, nutrition and community-building support programs.

I'm riding also because I can. I'm riding for each person who is still undergoing treatment and for those who are too ill to ride. I'm riding for the cancer survivors among the 14.5 million currently living in the U.S. who don't yet know about Mission. (The more we raise, the more we can do to reach more survivors.)

I will always be grateful to everyone who supported me during my illness, treatment and survivorship and in my fundraising efforts. Please join me again in supporting the pioneering programs of Mission. For information on how to make a donation to my ride, and/or join us as a rider or volunteer (there are loads of ways that you can help out), please go to my personal web page at (insert link).

With a grateful heart and living stronger in survivorship every day,

- Your name

You can help support me by making a secure online donation using your credit card. Click on the link below:  
(Insert Rider profile link)

For more information on how you can participate in CT Challenge Ride, please visit us [bike.ctchallenge.org](http://bike.ctchallenge.org)